



Want to make one of Putney's sit-upons?

Sit-upons are great for hiking and camping, working in the garden, or anywhere where you want a portable cushioned seat or kneeling pad. This one doubles as a carrying tote, too.

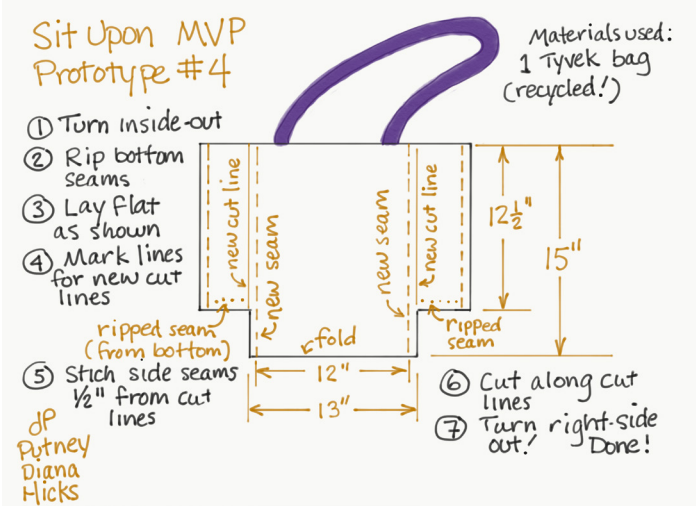
This one is super-simple to make—only two seams to sew. If sewing isn't your thing yet, you can use duct tape to seal those edges.

Here's a photo of the finished version, plus more photos of step-by-step than you'll really need.

Materials needed:

- a recyclable shopping bag of your choice
- a seam-ripper
- scissors (a straight edge is also useful)
- a needle and thread, or a sewing machine
- alternately... duct tape—if sewing isn't your thing
- a bubble-wrap envelope, or similar padding—quilt batting would also work

The sketch at left shows the dimensions Putney used, so that it could also carry her 9 inch by 12 inch sketch pad. The size of your shopping bag will limit how big you can make your tote, but feel free to modify the dimensions to fit your needs.



1) Choose your recyclable shopping bag



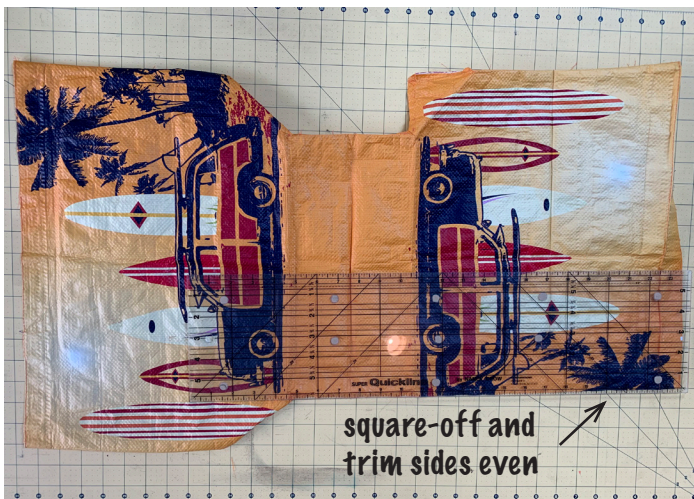
2) Turn it inside out. This one has two side seams and two bottom seams. Rip these out.



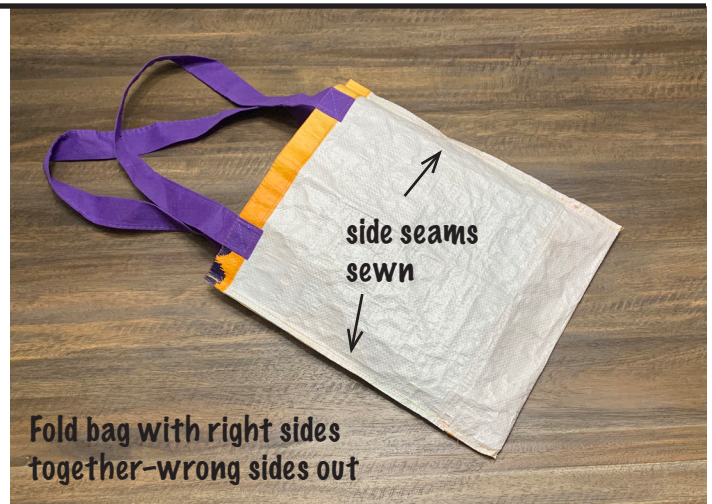
3) Closer view of side and bottom seams, showing what needs to be ripped out.



4) Bag flattened out after seams are ripped open.



5) Square off and trim edges flush with bottom section (this shows 1 of 4 sides trimmed)



6) Sew side seams with right sides together. No sew option—duct tape with right sides out.



7) Tote turned right side-out. Just add a bubble-wrap envelope for padding, and optional trash bag tarp.



Congratulations! You made it!